

BAR 141

FAMILY EATERY & COCKTAILS

Lunch Special

\$19.99

Tuesday - Friday 12-3

Enjoy a glass Pumphouse wine or Prosecco or Draft
Your choice: soup of the day or small side house salad

SOUP of the DAY

ask your server about today's selections

SALAD

add chicken \$6, salmon \$8, steak \$10

Chopped Greek Salad

chopped romaine | cucumber | olives | tomatoes | onions | feta | red wine vinaigrette

Caesar Salad

crispy romaine lettuce | shaved parmesan | croutons | caesar dressing

Endive Salad

frisee | radicchio | apple | walnut | crumble blue cheese | creamy red wine vinaigrette

Crispy Calamari Salad

arugula | frisee | tomato | cilantro | dressing

HANDHELDS

served with homemade chips

Chicken Parmigiana

crispy chicken | marinara sauce | mozzarella | wedge

Chopped Cheese

chopped burger | american | lettuce | tomatoes | mayo | wedge

BLTA

bacon | lettuce | tomato | avocado spread | brioche

Blackened Salmon Wrap

arugula | red onion | tomatoes | chipotle mayo

NY Wrap

new york strip | baby bok choy | arugula | mayonnaise

Chicken 141

grilled chicken & onion | sun dried tomatoes | parsley aioli | Pita

PASTA | BOWLS

Broccoli Rabe Orecchiette

sausage | garlic

Grilled Chicken Penne

basil pesto | garlic

Spaghetti Bolognese

ricotta | fresh basil

Linguini with PEI Mussels

marinara | crostini

Rice Bowl

choice of salmon or chicken (blackened or grilled) guacamole | chipotle aioli | pickled vegetable | cilantro

*Gluten free options available

Food Allergies??

If You Have a Food Allergy, Please Speak To The Manager or Server