SOUP of the DAY

Ask your Server



WRAPS

Plain, Spinach, Whole Wheat

LUNCH SPECIAL!

\$19.99

TUESDAY - SUNDAY: 12:00PM - 3:00PM

CHOOSE 1: GLASS of HOUSE WINE | PROSECCO | DRAFT BEER | FOUNTAIN SODA

CHOOSE 1: SOUP of the DAY | SMALL HOUSE SALAD

CHOOSE 1: PASTA/BOWL | HANDHELD | SALAD

DESSERT of the DAY

PASTA/BOWL

LINGUINE with MUSSELS

PEI Mussels | Red or White Sauce | Crostini

ORECCHIETTE

Sweet Sausage | Broccoli Rabe | Garlic/Oil

PENNE with GRILLED CHICKEN

Basil Pesto | Garlic & Oil

RICE BOWL

White Rice | Guacamole | Chipotle Aioli | Pickled Vegetable
Cilantro

SPAGHETTI BOLOGNESE

Housemade Bolognese Meat Sauce | Ricotta | Fresh Basil

Add Chicken 6 | Shrimp 8 | Salmon 10 | Steak 12 | Tuna 14

HANDHELD

Served with Housemade Chips

BAR 141 WRAP

Grilled Chicken | Onion | Sun-Dried Tomatoes | Parsley Aioli

BLTA

Bacon | Lettuce | Tomato | Avocado Spread | Brioche

CHICKEN PARMIGIANA

Crispy Chicken | Fresh Mozzarella | Marinara

CHOPPED CHEESE

Chopped Burger | American Cheese | Lettuce | Tomato | Mayo

NY WRAP

Sliced NY Strip | Sauteed Mushrooms | Arugula | Mayo

SALMON WRAP

Blackened Nova Salmon | Arugula | Onion | Tomato Chipotle Mayo

SALAD

CAESAR

Romaine | Parmesan | Croutons | Caesar Dressing

GREEK

Chopped Romaine | Cucumber | Olives | Tomato | Onions | Feta Cheese | Red Wine Vinaigrette Dressing

HOUSE

Mixed Greens | Cucumber | Tomato | Shaved Parmesan | Balsamic Vinaigrette Dressing

Add Chicken 6 | Shrimp 8 | Salmon 10 | Steak 12 | Tuna 14